

# REFLECTION FOR SHEGIVES SUNDAY

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**Give. Learn. Grow. Thrive. Together.**

**"The Lord will guide you always;  
He will satisfy your needs in a sun-scorched land  
and strengthen your frame.  
You will be like a well-watered garden,  
like a spring whose waters never fail."**

**— Isaiah 58:11**

The beautiful promise in Isaiah 58:11 does not stand alone. It follows God's description of what true fasting really is. The blessings in verses 8-12 are not random rewards. They are the fruit God promises when our fasting is shaped by justice, compassion, and right motives.

Fasting is not a way to earn God's attention or persuade Him to act. It is not spiritual bargaining. It is our response to Him — faith expressed through obedience. It is a way of loosening our grip on comfort so that we can open our hands to others.

Isaiah tells us that true fasting looks like this: meeting real needs, lifting heavy burdens, breaking chains of injustice, and refusing to ignore those who are suffering. It is choosing generosity over self-protection. It is caring about the structures and systems that harm the vulnerable. It is working and praying for a world that more closely reflects God's heart.

We fast so that others may eat.  
We fast so that others may be free.  
We fast so that families — including our own — can flourish.

And then comes that beautiful word: "Then."

Then light breaks through like dawn.  
Then healing begins.  
Then God's presence surrounds us — before and behind.  
Then we hear His voice more clearly.  
Then guidance comes when we do not know which way to turn.  
Then, even in barren places, we are sustained.  
Then we become like a well-watered garden — nourished from the outside like rain, and from the inside like a spring.  
And the blessing does not stop with us; it reaches into future generations

This is not a transaction. It is transformation.

On SheGives Sunday, we step into this invitation in a focused way. We set aside this day to remember that in many parts of the world, the dignity and freedom of women are routinely and systemically diminished. Where ever injustice persists, it is women — and children — who carry the heaviest burden.

But today is not only about acknowledging need. It is also about celebrating faithfulness.

Across our churches, women are already giving.

Giving their faith.

Giving their leadership.

Giving their compassion.

Giving their strength.

And Isaiah reminds us of this deep truth: when we join God in His work of justice and mercy, something happens in us as well.

As we pour out, He pours in.

As we give life, He renews ours.

We become — together — like a well-watered garden.

Not striving. Not depleted.

But sustained by a spring that never runs dry.